



Performance Orthopedics
10448 Old Olive Street Road Suite 200
Creve Coeur, MO 63141
Phone: 314-597-888 Fax: 314-447-9559
www.performanceorthopedicsstl.com

Medical History Form

Name: _____ DOB: _____ Age: _____ Sex: _____

Address: _____

SSN: _____

Phone #: _____

Today's Date: _____

Height _____ Weight _____ Recent increase or decrease _____

Left or Right- handed _____ Body part affected _____

Quality of discomfort: Intermittent Constant Other _____

Type of discomfort: Severe Moderate Mild Other _____

DURATION: How long has this been a problem _____

Date of injury _____ Description of injury _____

Please circle the activities that make pain worse:

Sitting Standing Lying Walking Lifting Bending Coughing Sneezing

Stairs Pushing Pulling Other _____

Please list any activities that make your pain less _____

Does your pain interfere with sleep? _____

Has any other treatment helped control your symptoms? _____

Does the joint (please circle) catch lock or seize up swell pop snap grind shift pop
out of joint give out

Do you have numbness: Lt leg Rt leg Lt arm Rt arm

Do you have weakness: Lt leg Rt leg Lt arm Rt arm

Loss of Control: urination defecation erection

Has ability to walk distances been limited? _____ Distance you can walk before having to stop _____



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Review of Systems: (recent or current conditions):

Weight change	Hearing changes	Shortness of breath	Urinary bleeding
Fever/Chills	Ear pain/ringing	Cough	Frequent headaches
Night sweats	Nosebleeds	Nausea/vomiting/seizures	Numbness
Poor appetite	Hoarseness	Stomach pain	Weakness
Rash	Difficulty swallowing	Frequent Diarrhea	Backache
Insomnia	Tooth/gum trouble	Frequent constipation	Musculoskeletal
Depression	Chest pain	Blood in stool	Joint/Limb
pain/Swelling			
Anxiety	Abnormal heartbeat	Incontinence	Lump masses
Visual changes	Blackouts	Urinary frequency	Woman only: Pregnant

If you circled any of the above, please explain: _____

Past Medical History: (Circle)

Hypertension (high blood pressure)	Diabetes
Elevated Cholesterol	Heart Disease
Arthritis	Cancer
Other: _____	

Past Surgical History: (Please indicate each procedure and yr performed)

Medications: (Name and Dose)

Allergies: _____

Social History:

Are you now or have you ever been treated for an emotional or psychological order? _____
 Do you smoke? _____ Packs/day _____
 Do you consume alcohol? _____ Amount/day _____
 Recreational drug use? _____ Amount _____
 Marital status (please circle) Single Married Divorced Widowed
 Employment Status (list/describe job if employed) _____
 Referred by: _____
 Who is your primary care physician? _____

Family History:(circle)

Hypertension	Mother	Father	Sibling	Grandparent
Cancer	Mother	Father	Sibling	Grandparent
Diabetes	Mother	Father	Sibling	Grandparent
Arthritis	Mother	Father	Sibling	Grandparent
Heart Disease	Mother	Father	Sibling	Grandparent
Other: _____				

List all diagnostic studies you have had for this condition along with date and place the study was performed. (X-ray, MRI, Myelogram, CT Scan, Bone Scan, EMG/NCV, ect.)

1. _____ 2. _____ 3. _____

Patient Signature _____ Date: _____